



# MENU

## BISTRO HOURS:

Lunch:

Tuesday-Friday  
12:00pm-2:00pm

Dinner:

Tuesday-Saturday  
5:30pm-8:30pm

Phone: 9337-7245

Email:

reception@keiloreast  
rsl.com.au

12-22 Hoffmans Rd,  
Essendon 3040

## STARTERS

<b>Garlic Bread (Veg)</b>	<b>\$8</b>	<b>Wedges (Veg)</b>	<b>\$10</b>
<b>Cheesy Garlic Bread (Veg)</b>	<b>\$9</b>	With sour cream & sweet chilli sauce	
<b>Peking Duck Spring Rolls</b>	<b>\$15</b>	<b>Arancini Balls (Veg)</b>	<b>\$18</b>
With hoisin sauce		Mushroom & parmesan with a lemon aioli	
		<b>Salt &amp; Pepper Calamari</b>	<b>\$18</b>

## MAINS

### SEE SPECIALS BOARD

<b>Roast of the Day (GF)</b>	<b>\$26</b>
<b>Pie of the Day</b>	<b>\$24</b>
<b>Soup of the Day</b>	<b>\$8</b>
<b>Curry of the Day</b>	<b>\$26</b>

### CLASSICS

<b>Beef Burger (GFO)</b>	<b>\$26</b>
Beef patty topped with bacon, caramelised onion, cheese, egg, lettuce, tomato in a toasted bun served with chips	

<b>Steak Sandwich</b>	<b>\$26</b>
Char grilled scotch fillet, bacon, onion, lettuce, tomato, and tomato relish in a warmed Turkish bread roll	

<b>Chicken Schnitzel</b>	<b>\$26</b>
Crumbed chicken fillet in panko crumb served with chips, salad, and your choice of sauce	

<b>Chicken Parmigiana</b>	<b>\$26</b>
Crumbed chicken fillet in panko crumb topped with smoked ham, Napoli sauce, and mozzarella cheese served with chips and salad	

<b>Bangers &amp; Mash (GF)</b>	<b>\$26</b>
GF sausages served with tomato relish, caramelised onion, mashed potato and a rich demi-glaze sauce	

<b>Lambs Fry (GF)</b>	<b>\$26</b>
Served with bacon, mash, peas and gravy	

<b>Open Souvlaki</b>	<b>\$28</b>
Marinated chicken thigh with Greek salad, pita bread, tzatziki, and chips	

<b>Chicken Kiev</b>	<b>\$26</b>
Served with chips and salad	

### STEAKS

*Char grilled and cooked to order, served with chips and salad.*

*Choice of sauces: pepper, mushroom, gravy, and garlic butter*

<b>280g Porterhouse (GF)</b>	<b>\$36</b>
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<b>250g Rump Steak (GF)</b>	<b>\$28</b>
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### SEAFOOD

<b>Fish and Chips (GFO)</b>	<b>\$26</b>
Battered or grilled fish (see specials board) served with tartare sauce, lemon wedges, chips and salad	

<b>Seafood Basket</b>	<b>\$28</b>
Prawns, scallops, fish, and calami with tartare sauce and fresh lemon, served with chips and salad	

<b>Atlantic Salmon (GF)</b>	<b>\$28</b>
Served with creamy mash, vegetables, and Hollandaise sauce	

<b>Salt &amp; Pepper Calamari</b>	<b>\$28</b>
Served with aioli sauce, lemon wedges, chips and salad	

### SALADS

*Add chicken \$3.00*

<b>Caesar Salad (VegO)</b>	<b>\$19</b>
Cos lettuce, croutons, crispy bacon and parmesan tossed in a creamy caesar dressing with a poached egg (GFO)	

<b>Pumpkin Salad (VG) (VO)</b>	<b>\$22</b>
Beetroot, roasted pumpkin, spinach, goats cheese, and roasted walnuts with a balsamic glaze	

### PASTA & RICE

<b>Vegetarian Lasagne (Veg)</b>	<b>\$26</b>
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<b>Beef Lasagne</b>	<b>\$28</b>
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<b>Risotto</b>	<b>\$28</b>
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Mushroom, spinach, and chicken

### Pasta (GFO)

*Choice of penne and linguine*

<b>Bolognese</b>	<b>\$26</b>
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<b>Carbonara</b>	<b>\$26</b>
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<b>Napoli (Veg) (VO)</b>	<b>\$22</b>
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*Extra sauces available on request for \$1 each*

Please advise staff of any dietary requirements at time of ordering

Veg - vegetarian | VegO - vegetarian option  
| V - vegan | VO - vegan option | GF - gluten free |  
GFO - gluten free option